

Monthly Newsletter  
February 2018



February 23<sup>rd</sup> 3-6pm  
Saron Lutheran Church

## February 23<sup>rd</sup> is Kids Day!

### This Month's Market

At this month's market we will have vendors selling jams, jellies, canned goods, jewelry, meats, oils, skin salves, honey, aprons, baked goods and many other crafts. February 23<sup>rd</sup> is also Kids Day at the market! There will be plenty of activities for our younger visitors, sponsored by great community organizations. Some of the vendors from the December and January markets will be returning, and we'll be introducing some new faces as well! Come out and shop local!

List of vendors for the February market:

- Cat Tail Farm
- Grace's Goodies
- Jewelry by Linda Lee
- Smude's Sunflower Oil
- Live.Love.Oils
- Kenya Letourneau
- Moxie Doxie Designs
- Oak Park Farm
- Big Lake Community Education
- Great River Regional Library
- Sherburne County Master Gardeners
- Summit Chiropractic and Wellness

### Vendor Spotlight

Each month the Big Lake Farmers Market Newsletter will spotlight a vendor. In this section you can find out a little more about the people you are buying from and the products that they offer.

This month's vendor is Kris Ruppelius of Live.Love.Oils. Live.Love.Oils was founded in 2016 with the intention of providing natural solutions to health issues. By using essential oils instead of pharmaceuticals, Live.Love.Oils promotes chemical-free remedies. They specialize in rollerballs, but also offer lotions, sugar hand and lip scrubs, hand sanitizers, soy candles, cleaning products and more! Live.Love.Oils strives to use the best essential oils in their products and loves to create custom orders to fit your needs! If you have any questions, stop by the market and chat with Kris!



## Recipe of the Month

### Funny Faces Pizza

Recipe from Pinterest

Time: Prep: 20 min Cook: 10 min

Servings: 6

#### Ingredients

- 6 english muffins, pizza sauce (homemade or store bought), 2-3 cups of grated mozzarella cheese
- Topping Ideas: eyes (sliced olives, halved cherry tomatoes, pepperoni slices), nose (mushroom slice, broccoli), mouth (sweet pepper, tomato, or onion slice), ears (mushroom slices, half a zucchini slice), hair (spinach strips, string cheese), teeth (green pepper triangles)

#### Directions

Preheat oven to 425 degrees. Place all the toppings on the table. Place one English muffin in front of each person and invite them to decorate with prepared toppings. Start with the sauce, add cheese, and then create a funny face with the toppings! Place the completed pizzas on a baking sheet and cook in the oven for 10 minutes!

This recipe can be easily manipulated to become gluten free, vegan, or vegetarian. Be creative and have some fun!

## It's Kids Day! And we have a lot of activities to beat the winter blues!

### Big Lake Community Education – Early Childhood

stepping stones with paint (this activity will charge a small fee for the price of the stones)

#### Vegetable Printing Activity

- Kids can create vegetable masterpieces by dipping vegetables in paint and then printing them onto a paper or canvas



### Great River Regional Library

#### Mr. Potato Head Craft and Books to Read

- There will paper bag Mr. Potato Head crafts for kids to do as well as some voluntary reading material



### Sherburne County Master Gardeners

#### Create a Stepping Stone

- Kids can create their own backyard landscaping by designing some

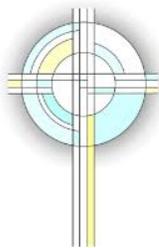
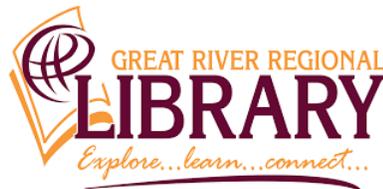


UNIVERSITY OF MINNESOTA  
**EXTENSION**

SHERBURNE COUNTY

Master Gardener Volunteer

Thank you to our community partners!



**Next Market:**

**March 23<sup>rd</sup>**

**3-6 pm**

**Saron Lutheran Church,  
Founders Hall**

**Expected Vendors:**

**Cat Tail Farms**

**Kenya Letourneau**

**Grace's Goodies**

**Moxie Doxie Designs**

**Iron Shoe Farm**

**Sherburne County  
Master Gardeners**

**Summit Chiropractic  
and Wellness**

