

Weekly Newsletter

June 13, 2018



Wednesdays 3-7pm

Lakeside Park

Senior Day at the Market

Opening day for the Big Lake Farmers Market was a blast last week with a total of 16 vendors selling homemade and homegrown goodies! This week we will be offering \$3 coupons to seniors ages 55 and over. Stop by the Information booth to get your coupon and see how they work! These coupons will only be valid the day they are handed out, so be sure to spend it today. Senior Day will take place the second Tuesday of every month, so if you are unable to attend this month's event, check us out in July.



See our list of vendors for today's market below:

Great Harvest Bread
LV Gardens
Jewelry by Linda Lee
Mary Ann Peterson
Gess What's Cookin'
Oak Park Farm
Iron Shoe Farm
Mr. Lemonade
Paula B's Crafts
Popped Kettle Corn
Moxie Doxie Designs

Now accepting Snap/EBT and debit/credit purchases.
Visit the information booth today to find out how!

Market Bucks is Back!

The Big Lake Farmers Market is excited to announce that we are bringing back the Market Bucks match program for patrons who use Snap/EBT. Read below to see how it works:

1. Go to the City of Big Lake's booth at the market.
2. Swipe your EBT Card and for every dollar you spend on your EBT card, get an extra dollar in Market Bucks (up to \$10, per market, per day).
3. Use tokens and Market Bucks to buy SNAP-eligible foods from market vendors.

Items you can buy with EBT/Snap and Market Bucks: Fruits, vegetables, meat, fish, eggs, dairy, honey/maple products, jams, jellies, pickles, sauces, baked goods, seeds and plants that produce food.



Every week that you use Snap/EBT, you are eligible for more market bucks. Market Bucks can be spent at any market that accepts the program. Visit hungersolutions.org to find out which other markets in the area are also accepting Snap/EBT!

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Music at the Market

Check out the upcoming music schedule:

- June 20 - Stanton West (Kids Day)
- June 27 - Betty Danger (Bike Day)
- July 4 - NO MARKET
- July 11- Sunny VanBrocklin (Senior Day)
- July 18 - She's My Sister (Kids Day)



Welcome Nathan Neuman



For the last 8 years, Nathan Neuman developed his reputation as being St. Cloud's polka re-source. His performing experiences include dance halls, church festivals, private parties, restaurants, and nursing homes. You can expect an entertaining performance featur-

ing a variety of American and European folk tunes and party favorites. He also runs St. Cloud Concertina Service for bellowed instrument repair and lessons.

Recipe of the Week

Rhubarb Crisp with Honey and Syrup

www.featherstonefarm.com

Ingredients:

- 4 cups Rhubarb
- 1/4 cup Maple Syrup
- 1 Tbsp Corn Starch
- 1/2 cup Whole Wheat Flour
- 1/2 cup Rolled Oats
- 1/4 cup butter
- 1/2 cup honey



Directions:

Preheat oven to 350F. Mix the rhubarb, maple syrup, and corn starch in a 8x8 square pan. In a separate dish, cut the butter into the flour and oats. Gently mix in the honey. Place mixture on top of the rhubarb. Bake for 45 minutes or until golden brown on top. Serve warm and even à la mode!

This delicious recipe can be made with many ingredients found at the market. Rhubarb is in season and can be purchased from LV Gardens, honey can be purchased from Smude's Sunflower Oil, and Syrup can be purchased from Dudley's Syrup Company. There are some wonderful local options right at your fingertips at the Big Lake Farmers Market!

Vendor Applications Still Accepted

The Big Lake Farmers Market is always looking for local vendors selling homemade and homegrown goods. If you are interested in selling your products at the market contact Corrie Scott at cscott@biglakemn.org or visit the City website at www.biglakemn.org.