Weekly Newsletter

June 20, 2018

Wednesdays 3-7pm

Lakeside Park

Kids Day at the Market

Kids Day at the Market will take place the third Wednesday of each month during summer market season. Kids Day will feature free kids activities from local community organizations. Today's market will feature activities with ECFE, the Big Lake Food Shelf, the Sherburne County Master Gardeners, the Big Lake Ambassadors, and Tri-Valley Opportunity Council. Stop by each of their booths throughout the afternoon and enjoy free kids activities!

See our list of vendors for today's market below:

Great Harvest Bread
Cat Tail Farms
Matt's Mushrooms and More
Linda Bergsten
Grace's Goodies
LV Gardens
Jewelry by Linda Lee
Mary Ann Peterson
Rocket Concessions
Oak Park Farm
Iron Shoe Farm
Mr. Lemonade
Paula B's Crafts
Popped Kettle Corn

Now accepting Snap/EBT and debit/credit purchases. Visit the information booth today to find out how!

Introducing This Week's Spotlight Vendor

Every week the Big Lake Farmers Market newsletter will spotlight a vendor. In this section you can find out a little more about the people you are buying from and the products that they offer. This week's spotlight vendor is Jewelry by Linda Lee!

Linda Lee Larson has been selling at the Big Lake Farmers Market for the last three years. She started making her signature guitar string jewelry as a hobby in the 70's and over the last few years started selling her homemade treasures. She takes unused guitar strings and bends them so that she can put a variety of glass beads and precious stones on them. You can find anything from rose quarts, tiger's eye, turquoise, to amethyst in her jewelry. Recently she started experimenting with lava stones as they can be used to place essential oil droplets on them. As they hang from your ears you will catch a diffusing scent of any oil that you decide to use on them. She also is selling homemade essential oil blends this year.

Something special about Linda is that she takes requests from her customers and will specially design earrings for you using any color you desire. If one breaks just bring the remaining earring to her booth and she will recreate them for you; guaranteed! Linda enjoys the market because it is a "family affair" where she can enjoy the sunshine with her two kids, Joe and Corrie who volunteer and coordinate the market.

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Music at the Market

Check out the upcoming music schedule:

- June 27 - Betty Danger (Bike Day)
- July 4 - NO MARKET
- July 11- Sunny VanBrocklin (Senior Day)
- July 18 - She's My Sister (Kids Day)
- July 25 - Jake Kemble

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Welcome Back Stanton West

We are very excited to have Stanton West back for his third year performing at the Big Lake Farmers Market. This musician formerly known as Eddie Danger has been performing and writing music for twenty years now. You can find him traveling across the country performing as both a solo musician and with his band including artists Noah Short, Ryan Mingone, and Scott Lochner. He is very active in the music scene as a cofounding member of the Wisconsin Roots Music Cooperative. This Wisconsin resident has a playful, folksy sound that will keep you hooked as he jumps between a variety of originals and covers. If you like what you hear from Stanton West be sure to check out his album, *Songbird,* on his website at stanton-west.net.

Recipe of the Week

Crunchy Garden Salsa

Recipe from Delish.com

Ingredients:

2 jalapeños (seeded for less heat, if desired)
1 clove garlic
1/2 medium white onion
kosher salt
Pepper
1/2 lb. tomatoes
2 cucumbers
6 radishes
2 tbsp. fresh lime juice
1 tbsp. olive oil
1/2 c. Chopped fresh mint

Directions:

1. In a large bowl, combine the jalapeños, garlic, onion, 1/2 teaspoon salt, and 1/4 teaspoon pepper.
2. Add the tomatoes, cucumbers, radishes, lime juice, and oil and toss to combine. Fold in the mint.

You can find a variety of the above ingredients from today's many local vendors. Stop by LV Gardens, Iron Shoe Farm, or Oak Park Farm to find fresh garlic, onion, cucumbers, jalapenos, tomatoes, mint, and radishes. Smude's Sunflower Oil makes a great substitute for olive oil. Not finding what you need? Keep in mind that this year's late winter means more produce in July.